

ROYAL CANADIAN ARMY CADETS

RED STAR — QUALIFICATION STANDARD AND PLAN

(ENGLISH)

(Supersedes A-CR-CCP-702/PG-001 dated 2007-06-18)

Cette publication est disponible en français sous le numéro A-CR-CCP-702/PG-002.

Issued on Authority of the Chief of the Defence Staff





NOTICE

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Dates of issue for original and changed pages are:

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Zero in Change No. column indicates an original page. Total number of pages in this publication is 267 consisting of the following:

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FOREWORD AND PREFACE

- 1. **Issuing Authority.** This Qualification Standard and Plan (QSP) A-CR-CCP-702/PG-001 was developed under the authority of the Director Cadets and Junior Canadian Rangers (D Cdts & JCR) in accordance with Cadet Administrative and Training Order (CATO) 11-03, *Cadet Program Mandate*, CATO 11-04, *Cadet Program Outline* and CATO 40-01, *Army Cadet Program Outline*, and issued on the authority of the Chief of Defence Staff.
- 2. **Development.** Development of this QSP was in accordance with the performance-oriented concept of training outlined in the A-P9-050 Series, *Canadian Forces Individual Training and Education System*, with modifications to meet the needs of the Canadian Cadet Organization (CCO).
- 3. **Purpose of the QSP.** The QSP is to be used by Royal Canadian Army Cadet Corps to conduct Red Star, as outlined in CATO 11-04, *Cadet Program Outline* and CATO 40-01, *Army Cadet Program Outline*.
- 4. **Suggested Changes.** Suggested changes to this document may be sent directly to cadettraining@canada.ca.

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CHAPTER 1 GENERAL

AIMS

1. The aim of the Red star Program is to provide an Army Cadet with the basic theoretical knowledge and practical experience required to participate in cadet corps activities as a team member.

PROGRAM DESIGN

- 2. The Red star Program has been designed:
 - a. assuming that the majority of cadets undertaking Red Star training are between 13 and 14 years of age;
 - b. assuming that the majority of cadets have successfully completed Green Star;
 - c. using age-appropriate learning strategies;
 - d. by providing a programming mix consisting of mandatory and complementary training;
 - e. to include training which is experiential and skill-based, with a lesser focus on theoretical knowledge; and
 - f. assuming that learning will take place through a combination of programmed periods of instruction, unstructured discussions, teachable moments, and coaching / mentoring opportunities.
- 3. Each Star Level is composed of performance objectives (POs) subdivided into enabling objectives (EOs).

PERFORMANCE OBJECTIVES

- 4. PO numbers are usually made up of three digits:
 - a. The first digit indicates the star level (eg, 'X' represents Green Star to Gold Star, '1' represents Green Star, '2' represents Red Star, etc.).
 - b. The second and third digits indicate the topic area (eg, '00' represents Positive Social Relations for Youth, '01' represents Citizenship, '02' represents Community Service, etc.).
- 5. EO numbers are usually made up of six digits (eg, EO M103.01):
 - a. The first digit is either an 'M', which indicates mandatory training, or a 'C', which indicates complementary training.
 - b. The second, third and fourth digits indicate the PO as per para 4.
 - c. The fifth and sixth digits indicate the specific EO number (eg, EO M103.01 is the first mandatory EO in Green Star leadership).
 - d. Some EOs have a seventh digit, which indicates there is a selection of EOs to choose from (eg, EOs MX01.01A, MX01.01B, MX01.01C, etc. indicates corps can choose any one of these EOs to satisfy the requirements of mandatory Citizenship training).
- 6. Each PO has been developed to contribute directly to the program aim and participant outcomes detailed in CATO 11-03, *Cadet Program Mandate*. The following are summaries of the POs common to all elements of the CP (allocated POs numbered X01 to X20) and the POs specific to the Red star Program (allocated POs numbered 221 to 224):

- a. **Citizenship.** PO X01 Participate in Citizenship Activities. The aim of this PO is to introduce cadets to various aspects of being a good Canadian citizen through a range of fun, interesting and challenging activities.
- Community Service. PO X02 Perform Community Service. The aim of this PO is to encourage
 cadets to be active citizens through participation in a community service activity as a member
 of a team.
- c. Leadership. PO 203 Demonstrate Leadership Attributes Within a Peer Setting. The aim of this PO is to introduce cadets to the ways peer leaders are able to influence the behaviour of their group.
- d. **Personal Fitness and Healthy Living.** PO X04 Track Participation in Physical Activities. The aim of this PO is to encourage cadets to live a healthy, active lifestyle by meeting the *Canadian Physical Activity Guidelines* and *Canadian Sedentary Behaviour Guidelines* for youth.
- e. **Physical Activities.** PO X05 Participate in Physical Activities. The aim of this PO is for cadets to have fun participating in physical activities.
- f. **Air Rifle Marksmanship.** PO 206 Fire the Cadet Air Rifle During Recreational Marksmanship. The aim of this PO is to develop the cadets' marksmanship abilities through participation in recreational marksmanship.
- g. General Cadet Knowledge. PO 207 Serve in an Army Cadet Corps. The aim of this PO is to provide cadets with information on the opportunities inherent in the army cadet program, and provide them with skills and knowledge that allow them to integrate successfully within the cadet organization.
- h. **Drill and Ceremonial.** PO 208 Execute Drill as a Member of a Squad. The aim of this PO is to provide cadets with drill movements designed to improve the efficiency of a squad on the march.
- i. **Biathlon.** PO 211 Participate in Competitive Summer Biathlon Activities. The aim of this PO is to provide cadets with an opportunity to enhance individual marksmanship skills and personal fitness while introducing cadets to the sport of biathlon.
- j. **CAF Familiarization.** PO X20 Participate in Canadian Armed Forces (CAF) Familiarization Activities. The aim of this PO is to stimulate the interest of cadets in the army, land and air activities of the CAF.
- k. **Field Training.** PO 221 Perform the Duties of a Team Member During an Overnight Field Training Exercise. The aim of this PO is to provide cadets with an introduction to the duties of a team member during an overnight field training exercise.
- I. **Navigation.** PO 222 Navigate Along a Route Using a Map and Compass. The aim of this PO is to provide cadets an opportunity to navigate on a point-to-point route using a map, compass, and pacing techniques.
- m. Trekking. PO 223 Hike Along a Route as Part of an Overnight Exercise. The aim of this PO is to provide cadets an opportunity to participate in a hike where they will encounter some Class 2 terrain (simple scrambling, crossing obstacles with the occasional use of hands, requires route-finding skills, may be backcountry dense bush).
- n. **Wilderness Survival.** PO 224 Identify Immediate Actions to Take When Lost. The aim of this PO is to introduce cadets to the immediate actions to take upon realizing they are lost in a wilderness setting.

TRAINING PREREQUISITES

7. To participate in the Red Star Program, youths must be members of a cadet corps, as specified in A-CR-CCP-950/PT-00, Queen's Regulations and Orders for the Canadian Cadet Organization, Article 4.01.

USE OF THE QSP

- 8. This QSP shall be used as the primary authority governing the development, implementation, conduct and evaluation of the training and standards to qualify a cadet for Red Star. This QSP shall also be used by D Cdts & JCR as the primary reference for validation of Red Star training.
- 9. Red star shall be conducted using this QSP as the training control document in conjunction with A-CR-CCP-702/PF-001, Royal Canadian Army Cadets Red star Instructional Guides.

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