



ROYAL CANADIAN ARMY CADETS

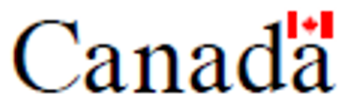
GREEN STAR – QUALIFICATION STANDARD AND PLAN

(ENGLISH)

(Supersedes A-CR-CCP-701/PG-001 dated 2015-09-01)

Cette publication est disponible en français sous le numéro A-CR-CCP-701/PG-002.

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FOREWORD AND PREFACE

1. **Issuing Authority.** This Qualification Standard and Plan (QSP) A-CR-CCP-701/PG-001 was developed under the authority of the Director Cadets and Junior Canadian Rangers (D Cdts & JCR) in accordance with Cadet Administrative and Training Order (CATO) 11-03, *Cadet Program Mandate*, CATO 11-04, *Cadet Program Outline* and CATO 40-01, *Army Cadet Program Outline*, and issued on the authority of the Chief of Defence Staff.
2. **Development.** Development of this QSP was in accordance with the performance-oriented concept of training outlined in the A-P9-050 Series, *Canadian Forces Individual Training and Education System*, with modifications to meet the needs of the Canadian Cadet Organization (CCO).
3. **Purpose of the QSP.** The QSP is to be used by Royal Canadian Army Cadet Corps to conduct Green Star, as outlined in CATO 11-04, *Cadet Program Outline* and CATO 40-01, *Army Cadet Program Outline*.
4. **Suggested Changes.** Suggested changes to this document may be sent directly to cadettraining@canada.ca.

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CHAPTER 1

GENERAL

AIM

1. The aim of Green Star is to provide an Army Cadet with the introductory knowledge and practical experience required to participate in corps activities as a member of a team.

PROGRAM DESIGN

2. The Green Star Program has been designed:
 - a. assuming that the majority of cadets undertaking Green Star training are between 12 and 14 years of age;
 - b. using age-appropriate learning strategies;
 - c. by providing a programming mix consisting of mandatory and complementary training;
 - d. to include training which is experiential and skill-based, with a lesser focus on theoretical knowledge; and
 - e. assuming that learning will take place through a combination of programmed periods of instruction, unstructured discussions, teachable moments, and coaching / mentoring opportunities.
3. Each star level is composed of performance objectives (POs) subdivided into enabling objectives (EOs).

PERFORMANCE OBJECTIVES

4. PO numbers are usually made up of three digits:
 - a. The first digit indicates the star level (eg, 'X' represents Green Star to Gold Star, '1' represents Green Star, '2' represents Red Star, etc.).
 - b. The second and third digits indicate the topic area (eg, '00' represents Positive Social Relations for Youth, '01' represents Citizenship, '02' represents Community Service, etc.).
5. EO numbers are usually made up of six digits (eg, EO M103.01):
 - a. The first digit is either an 'M', which indicates mandatory training, or a 'C', which indicates complementary training.
 - b. The second, third and fourth digits indicate the PO as per para 4.
 - c. The fifth and sixth digits indicate the specific EO number (eg, EO M103.01 is the first mandatory EO in Green Star leadership).
 - d. Some EOs have a seventh digit, which indicates there is a selection of EOs to choose from (eg, EOs MX01.01A, MX01.01B, MX01.01C, etc. indicates corps can choose any one of these EOs to satisfy the requirements of mandatory Citizenship training).
6. Each PO has been developed to contribute directly to the program aim and participant outcomes detailed in CATO 11-03, *Cadet Program Mandate*. The following are summaries of the POs common to all elements of the CP (allocated POs numbered 100 to X20) and the POs specific to the Green Star Program (allocated POs numbered 121 to 123):
 - a. **Positive Social Relations for Youth.** PO 100 – Participate in Positive Social Relations for Youth Training. The aim of Positive Social Relations for Youth is to prepare cadets to interact comfortably within the cadet community, interact positively with others, exercise sound judgement, accept

personal responsibility for actions and choices, deal with interpersonal conflict, and seek assistance from available resources when needed.

- b. **Citizenship.** PO X01 – Participate in Citizenship Activities. The aim of this PO is to introduce cadets to various aspects of being a good Canadian citizen through a range of fun, interesting and challenging activities.
- c. **Community Service.** PO X02 – Perform Community Service. The aim of this PO is to encourage cadets to be active citizens through participation in a community service activity as a member of a team.
- d. **Leadership.** PO 103 – Participate as a Member of a Team. The aim of this PO is for cadets to embrace the role of a follower while participating in activities as a member of a team.
- e. **Personal Fitness and Healthy Living.** PO X04 – Track Participation in Physical Activities. The aim of this PO is to encourage cadets to live a healthy, active lifestyle by meeting the *Canadian Physical Activity Guidelines* and *Canadian Sedentary Behaviour Guidelines* for youth.
- f. **Physical Activities.** PO X05 – Participate in Physical Activities. The aim of this PO is for cadets to have fun participating in physical activities.
- g. **Air Rifle Marksmanship.** PO 106 – Fire the Cadet Air Rifle. The aim of this PO is to familiarize cadets with range operations and the firing of the cadet air rifle.
- h. **General Cadet Knowledge.** PO 107 – Serve in an Army Cadet Corps. The aim of this PO is to provide cadets with information on the opportunities inherent in the Army Cadet Program, and provide them the basic skills to integrate comfortably as members of the corps.
- i. **Drill and Ceremonial.** PO 108 – Perform Drill Movements during an Annual Ceremonial Review (ACR) Parade. The aim of this PO is to provide cadets with the skills required to competently participate in an ACR parade.
- j. **Biathlon.** PO 111 – Participate in Recreational Summer Biathlon Activities. The aim of this PO is to provide cadets with an opportunity to enhance individual marksmanship skills and personal fitness through participation in the sport of biathlon.
- k. **CAF Familiarization.** PO X20 – Participate in Canadian Armed Forces (CAF) Familiarization Activities. The aim of this PO is to stimulate the interest of cadets in the sea, land and air activities of the CAF.
- l. **Field Training.** PO 121 – Participate as a Member of a Team During an Overnight Field Training Exercise. The aim of this PO is to provide cadets with the opportunity to participate as a member of a team during an outdoor overnight activity.
- m. **Navigation.** PO 122 – Identify Location Using a Map. The aim of this PO is to introduce basic map using skills that will allow cadets to locate their position on a map, and relay that position to others by providing a six-figure grid reference.
- n. **Trekking.** PO 123 – Participate in a Day Hike. The aim of this PO is to give cadets the opportunity to participate in a led day hike where they will be introduced to the basic concepts and skills of trekking.

TRAINING PREREQUISITES

7. To participate in the Green Star Program, youths must be members of an Army Cadet corps, as specified in A-CR-CCP-950/PT-001, *Queen's Regulations and Orders for the Canadian Cadet Organization*, Article 4.01.

USE OF THE QSP

8. This QSP shall be used as the primary authority governing the development, implementation, conduct and evaluation of the training and standards to qualify a cadet for Green star. This QSP shall also be used by D Cds & JCR as the primary reference for validation of Green Star training.

9. Green Star shall be conducted using this QSP as the training control document in conjunction with A-CR-CCP-701/PF-001, *Royal Canadian Army Cadets Green Star Instructional Guides*.

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