



ROYAL CANADIAN ARMY CADETS

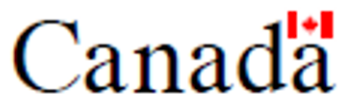
SILVER STAR – QUALIFICATION STANDARD AND PLAN

(ENGLISH)

(Supersedes A-CR-CCP-703/PG-001 dated 2015-09-01)

(Cette publication est disponible en français sous le numéro A-CR-CCP-703/PG-002)

Issued on Authority of the Chief of the Defence Staff





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Dates of issue for original and changed pages are:

Original	0	2016-09-01	Change	3
Change	1		Change	4
Change	2		Change	5

Zero in Change No. column indicates an original page. Total number of pages in this publication is 416, consisting of the following:

Page No.	Change No.	Page No.	Change No.
Cover page	0	4-M303.02-1 to 4-M303.02-2.....	0
Title	0	4-M303.03-1 to 4-M303.03-2.....	0
A to C	0	4-M303.04-1 to 4-M303.04-4.....	0
i to x	0	4-M303.05-1 to 4-M303.05-2.....	0
1-1 to 1-4	0	4-M303.06-1 to 4-M303.06-2.....	0
2-1 to 2-4	0	4-M303.07-1 to 4-M303.07-4.....	0
2A-1 to 2A-10	0	4-C303.01-1 to 4-C303.01-4.....	0
2A1-1 to 2A1-6	0	4-C303.02-1 to 4-C303.02-2.....	0
2A2-1 to 2A2-2	0	4-X04-1 to 4-X04-2	0
2B-1 to 2B-2	0	4-X05-1 to 4-X05-2	0
2C-1 to 2C-4	0	4-306-1 to 4-306-2	0
2D-1 to 2D-12	0	4-M306.01-1 to 4-M306.01-2.....	0
3-1 to 3-4	0	4-C306.01-1 to 4-C306.01-2.....	0
3A-1 to 3A-2	0	4-C306.02-1 to 4-C306.02-4.....	0
3B-1 to 3B-6	0	4-C306.03-1 to 4-C306.03-4.....	0
3B1-1 to 3B1-8	0	4-307-1 to 4-307-2	0
3B2-1 to 3B2-2	0	4-M307.01-1 to 4-M307.01-4.....	0
3B3-1 to 3B3-4	0	4-M307.02-1 to 4-M307.02-2.....	0
3B4-1 to 3B4-6	0	4-M307.03-1 to 4-M307.03-4.....	0
3B5-1 to 3B5-8	0	4-C307.01-1 to 4-C307.01-2.....	0
3B6-1 to 3B6-6	0	4-C307.02-1 to 4-C307.02-2.....	0
3B7-1 to 3B7-6	0	4-C307.03-1 to 4-C307.03-2.....	0
3B8-1 to 3B8-6	0	4-308-1 to 4-308-2	0
3C-1 to 3C-2	0	4-M308.01-1 to 4-M308.01-4.....	0
3D-1 to 3D-2	0	4-M308.02-1 to 4-M308.02-2.....	0
3D1-1 to 3D1-4	0	4-C308.01-1 to 4-C308.01-4.....	0
3E-1 to 3E-2	0	4-C308.02-1 to 4-C308.02-2.....	0
3E1-1 to 3E1-2	0	4-309-1 to 4-309-2	0
4-1-1 to 4-1-2	0	4-M309.01-1 to 4-M309.01-2.....	0
4-X01-1 to 4-X01-2	0	4-M309.02-1 to 4-M309.02-2.....	0
4-X02-1 to 4-X02-2	0	4-M309.03-1 to 4-M309.03-2.....	0
4-303-1 to 4-303-2	0	4-M309.04-1 to 4-M309.04-2.....	0
4-M303.01-1 to 4-M303.01-4.....	0	4-M309.05-1 to 4-M309.05-2.....	0

LIST OF EFFECTIVE PAGES (CONT)

Page No.	Change No.	Page No.	Change No.
4-M309.06-1 to 4-M309.06-2	0	4-323-1 to 4-323-2	0
4-M309.07-1 to 4-M309.07-2	0	4-324-1 to 4-324-2	0
4-C309.01-1 to 4-C309.01-2	0	4-M324.01-1 to 4-M324.01-4	0
4-C309.02-1 to 4-C309.02-2	0	4-M324.02-1 to 4-M324.02-2	0
4-C309.03-1 to 4-C309.03-2	0	4-M324.03-1 to 4-M324.03-4	0
4-C309.04-1 to 4-C309.04-2	0	4-M324.04-1 to 4-M324.04-4	0
4-C309.05-1 to 4-C309.05-2	0	4-M324.05-1 to 4-M324.05-4	0
4-C309.06-1 to 4-C309.06-2	0	4-C324.01-1 to 4-C324.01-4	0
4-311-1 to 4-311-2	0	4-C324.02-1 to 4-C324.02-4	0
4-C311.01-1 to 4-C311.01-4	0	4-C324.03-1 to 4-C324.03-4	0
4-C311.02-1 to 4-C311.02-4	0	4-C324.04-1 to 4-C324.04-4	0
4-X20-1 to 4-X20-2	0	4-C324.05-1 to 4-C324.05-4	0
4-321-1 to 4-321-2	0	4-325-1 to 4-325-2	0
4-M321.01-1 to 4-M321.01-2	0	4-M325.01-1 to 4-M325.01-2	0
4-M321.02-1 to 4-M321.02-4	0	4-M325.02-1 to 4-M325.02-6	0
4-C321.01-1 to 4-C321.01-2	0	4-M325.03-1 to 4-M325.03-4	0
4-C321.02-1 to 4-C321.02-2	0	4-C325.01-1 to 4-C325.01-4	0
4-C321.03-1 to 4-C321.03-4	0	4-C325.02-1 to 4-C325.02-2	0
4-322-1 to 4-322-2	0	4-326-1 to 4-326-4	0
4-M322.01-1 to 4-M322.01-4	0	4-M326.01-1 to 4-M326.01-2	0
4-M322.02-1 to 4-M322.02-4	0	4-M326.02a-1 to 4-M326.02a-8	0
4-M322.03-1 to 4-M322.03-2	0	4-M326.02b-1 to 4-M326.02b-8	0
4-M322.04-1 to 4-M322.04-4	0	4-M326.02c-1 to 4-M326.02c-4	0
4-M322.05-1 to 4-M322.05-4	0	4-M326.03-1 to 4-M326.03-4	0
4-M322.06-1 to 4-M322.06-2	0	4-M326.04-1 to 4-M326.04-4	0
4-C322.01-1 to 4-C322.01-2	0	4-M326.05-1 to 4-M326.05-4	0
4-C322.02-1 to 4-C322.02-4	0	4-M326.06-1 to 4-M326.06-4	0
4-C322.03-1 to 4-C322.03-2	0	4-M326.07-1 to 4-M326.07-4	0
4-C322.04-1 to 4-C322.04-2	0	4A-1 to 4A-8	0

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FOREWORD AND PREFACE

1. **Issuing Authority.** This Qualification Standard and Plan (QSP) A-CR-CCP-703/PG-001 was developed under the authority of the Director Cadets and Junior Canadian Rangers (D Cdts & JCR) in accordance with Cadet Administrative and Training Order (CATO) 11-03, *Cadet Program Mandate*, CATO 11-04, *Cadet Program Outline* and CATO 40-01, *Army Cadet Program Outline*, and issued on the authority of the Chief of Defence Staff.
2. **Development.** Development of this QSP was in accordance with the performance-oriented concept of training outlined in the A-P9-050 Series, *Canadian Forces Individual Training and Education System*, with modifications to meet the needs of the Canadian Cadet Organization (CCO).
3. **Purpose of the QSP.** The QSP is to be used by Royal Canadian Army Cadet Corps to conduct Silver Star, as outlined in CATO 11-04, *Cadet Program Outline* and CATO 40-01, *Army Cadet Program Outline*.
4. **Suggested Changes.** Suggested changes to this document may be sent directly to cadettraining@canada.ca.

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TABLE OF CONTENTS

	PAGE
CHAPTER 1 GENERAL	1-1
AIM	1-1
PROGRAM DESIGN	1-1
PERFORMANCE OBJECTIVES	1-1
TRAINING PREREQUISITES	1-3
USE OF THE QSP	1-3
CHAPTER 2 TRAINING MANAGEMENT DETAILS	2-1
RESPONSIBLE AGENCY AND TRAINING ESTABLISHMENTS	2-1
TRAINING DETAILS	2-1
TRAINING ADMINISTRATION	2-3
QUALIFICATION	2-3
RELATED DOCUMENTS	2-4
REFERENCES	2-4
Annex A – SILVER STAR TRAINING SUMMARY AND TIME ALLOCATION	2A-1
Appendix 1 – CONDUCT OF EXPEDITION EXERCISE	2A1-1
Appendix 2 – CONDUCT OF BIVOUAC FTX	2A2-1
Annex B – SCHEDULING GUIDELINES	2B-1
Annex C – RESOURCE REQUIREMENTS	2C-1
Annex D – REFERENCES	2D-1
CHAPTER 3 CADET EVALUATION	3-1
PURPOSE	3-1
LEARNER EVALUATION	3-1
CADET EVALUATION DESIGN AND DEVELOPMENT	3-1
CP DEVELOPMENTAL PERIODS (DPs)	3-2
CADET ASSESSMENT OF LEARNING PLAN	3-2
ASSESSMENT INSTRUMENTS	3-3
MONITORING CADET PROGRESS	3-3
TRAINING COUNSELLING SESSION	3-3
ADDITIONAL ASSESSMENT OF LEARNING ACTIVITIES	3-3
SILVER STAR QUALIFICATION STANDARD	3-3
CADETS NOT MEETING THE QUALIFICATION STANDARD	3-3
RECORDING AND REPORTING CADET ACHIEVEMENT	3-4
SILVER STAR CERTIFICATE OF QUALIFICATION	3-4
Annex A – CHARACTERISTICS OF CADET PROGRAM	
DEVELOPMENTAL PERIODS	3A-1
Annex B – ASSESSMENT OF LEARNING PLAN – SILVER STAR	3B-1
Appendix 1 – 303 PC – ASSESSMENT INSTRUCTIONS	3B1-1
Appendix 2 – 304 PC – PERSONAL FITNESS AND HEALTHY LIVING –	
ASSESSMENT INSTRUCTIONS	3B2-1
Appendix 3 – 308 PC – ASSESSMENT INSTRUCTIONS	3B3-1

TABLE OF CONTENTS (Cont)

	PAGE
Appendix 4 – 309 PC – ASSESSMENT INSTRUCTIONS	3B4-1
Appendix 5 – 322 EC-01 – ASSESSMENT INSTRUCTIONS	3B5-1
Appendix 6 – 322 PC – ASSESSMENT INSTRUCTIONS	3B6-1
Appendix 7 – 324 EC 01/02/03/04 – ASSESSMENT INSTRUCTIONS	3B7-1
Appendix 8 – 326 PC - ASSESSMENT INSTRUCTIONS	3B8-1
Annex C – SILVER STAR QUALIFICATION RECORD	3C-1
Annex D – CADET INTERVIEW GUIDELINES	3D-1
Appendix 1 – CADET INTERVIEW FORM	3D1-1
Annex E – TRAINING COUNSELLING SESSION GUIDELINES	3E-1
Appendix 1 – TRAINING COUNSELLING SESSION FORM	3E1-1
CHAPTER 4	PERFORMANCE OBJECTIVES
	4-1-1
SECTION 1	PERFORMANCE OBJECTIVES (POs) AND TRAINING PLAN
	4-1-1
PURPOSE	4-1-1
PERFORMANCE OBJECTIVES	4-1-1
ENABLING OBJECTIVES	4-1-1
LESSON SPECIFICATIONS	4-1-1
ASSESSMENT FOR LEARNING	4-1-1
SECTION 2	PO X01 – PARTICIPATE IN CITIZENSHIP ACTIVITIES
	4-X01-1
SECTION 3	PO X02 – PERFORM COMMUNITY SERVICE
	4-X02-1
SECTION 4	PO 303 – PERFORM THE ROLE OF A TEAM LEADER
	4-303-1
EO M303.01 – DEFINE THE ROLE OF A TEAM LEADER	4-M303.01-1
EO M303.02 – PARTICIPATE IN A MENTORING RELATIONSHIP	4-M303.02-1
EO M303.03 – PRACTICE SELF-ASSESSMENT	4-M303.03-1
EO M303.04 – COMMUNICATE AS A TEAM LEADER	4-M303.04-1
EO M303.05 – SUPERVISE CADETS	4-M303.05-1
EO M303.06 – SOLVE PROBLEMS	4-M303.06-1
EO M303.07 – LEAD CADETS THROUGH A LEADERSHIP ASSIGNMENT	4-M303.07-1
EO C303.01 – LEAD A TEAM-BUILDING ACTIVITY	4-C303.01-1
EO C303.02 – DELIVER A PRESENTATION ABOUT A LEADER	4-C303.02-1

TABLE OF CONTENTS (Cont)

	PAGE
SECTION 5	PO X04 – TRACK PARTICIPATION IN PHYSICAL ACTIVITIES
	4-X04-1
SECTION 6	PO X05 – PARTICIPATE IN PHYSICAL ACTIVITIES
	4-X05-1
SECTION 7	PO 306 – FIRE THE CADET AIR RIFLE DURING RECREATIONAL MARKSMANSHIP
	4-306-1
	EO M306.01 – PARTICIPATE IN A RECREATIONAL MARKSMANSHIP ACTIVITY
	4-M306.01-1
	EO C306.01 – IDENTIFY CIVILIAN MARKSMANSHIP ORGANIZATIONS
	4-C306.01-1
	EO C306.02 – CORRECT MARKSMANSHIP ERROR
	4-C306.02-1
	EO C306.03 – ADOPT THE STANDING POSITION WITH THE CADET AIR RIFLE
	4-C306.03-1
SECTION 8	PO 307 – SERVE IN AN ARMY CADET CORPS
	4-307-1
	EO M307.01 – IDENTIFY SILVER STAR TRAINING OPPORTUNITIES
	4-M307.01-1
	EO M307.02 – IDENTIFY YEAR THREE CSTC TRAINING OPPORTUNITIES
	4-M307.02-1
	EO M307.03 – RECOGNIZE THE PARTNERSHIP BETWEEN THE ARMY CADET LEAGUE OF CANADA (ACLC) AND THE DEPARTMENT OF NATIONAL DEFENCE (DND)
	4-M307.03-1
	EO C307.01 – PARTICIPATE IN A PRESENTATION GIVEN BY A GUEST SPEAKER FROM THE REGIONAL CADET SUPPORT UNIT (RCSU)
	4-C307.01-1
	EO C307.02 – PARTICIPATE IN A PRESENTATION GIVEN BY THE CADET LIAISON OFFICER (CLO)
	4-C307.02-1
	EO C307.03 – PARTICIPATE IN A PRESENTATION GIVEN BY A GUEST SPEAKER FROM THE ARMY CADET LEAGUE OF CANADA (ACLC)
	4-C307.03-1
SECTION 9	PO 308 – DIRECT A SQUAD PRIOR TO A PARADE
	4-308-1
	EO M308.01 – PREPARE A SQUAD FOR PARADE
	4-M308.01-1
	EO M308.02 – DELIVER WORDS OF COMMAND
	4-M308.02-1
	EO C308.01 – EXECUTE FLAG DRILL
	4-C308.01-1
	EO C308.02 – DELIVER WORDS OF COMMAND
	4-C308.02-1
SECTION 10	PO 309 – INSTRUCT A LESSON
	4-309-1
	EO M309.01 – EXPLAIN THE PRINCIPLES OF INSTRUCTION
	4-M309.01-1
	EO M309.02 – IDENTIFY METHODS OF INSTRUCTION
	4-M309.02-1
	EO M309.03 – DESCRIBE EFFECTIVE-SPEAKING TECHNIQUES
	4-M309.03-1
	EO M309.04 – DESCRIBE QUESTIONING TECHNIQUES
	4-M309.04-1
	EO M309.05 – SELECT APPROPRIATE INSTRUCTIONAL AIDS
	4-M309.05-1
	EO M309.06 – PLAN A LESSON
	4-M309.06-1
	EO M309.07 – INSTRUCT A 15-MINUTE LESSON
	4-M309.07-1
	EO C309.01 – DELIVER A ONE-MINUTE VERBAL PRESENTATION
	4-C309.01-1
	EO C309.02 – PLAN A LESSON
	4-C309.02-1

TABLE OF CONTENTS (Cont)

	PAGE
EO C309.03 – INSTRUCT A 15-MINUTE LESSON	4-C309.03-1
EO C309.04 – IDENTIFY FORMATIONS FOR DRILL INSTRUCTION	4-C309.04-1
EO C309.05 – PLAN A DRILL LESSON	4-C309.05-1
EO C309.06 – INSTRUCT A 15-MINUTE DRILL LESSON	4-C309.06-1
SECTION 11 PO 311 – PARTICIPATE IN A RECREATIONAL SUMMER BIATHLON ACTIVITY	4-311-1
EO C311.01 – PRACTICE AIMING AND FIRING THE CADET AIR RIFLE FOLLOWING PHYSICAL ACTIVITY	4-C311.01-1
EO C311.02 – PARTICIPATE IN A RECREATIONAL SUMMER BIATHLON ACTIVITY	4-C311.02-1
SECTION 12 PO X20 – PARTICIPATE IN CAF FAMILIARIZATION ACTIVITIES	4-X20-1
SECTION 13 PO 321 – PERFORM THE DUTIES OF A TEAM LEADER ON A WEEKEND BIVOUAC FTX	4-321-1
EO M321.01 – PERFORM THE DUTIES OF A TEAM LEADER IN THE FIELD	4-M321.01-1
EO M321.02 – CONSTRUCT COMPONENTS OF A BIVOUAC SITE	4-M321.02-1
EO C321.01 – IDENTIFY METHODS OF WASTE DISPOSAL IN THE FIELD	4-C321.01-1
EO C321.02 – IDENTIFY SAFETY CONSIDERATIONS WHEN TRAVELLING OVER SNOW AND ICE	4-C321.02-1
EO C321.03 – CONSTRUCT FIELD AMENITIES	4-C321.03-1
SECTION 14 PO 322 – PLOT LOCATION ON A TOPOGRAPHICAL MAP USING A GLOBAL POSITIONING SYSTEM (GPS) RECEIVER	4-322-1
EO M322.01 – REVIEW RED STAR NAVIGATION	4-M322.01-1
EO M322.02 – CALCULATE MAGNETIC DECLINATION	4-M322.02-1
EO M322.03 – IDENTIFY COMPONENTS OF THE GLOBAL POSITIONING SYSTEM	4-M322.03-1
EO M322.04 – IDENTIFY FEATURES OF A GLOBAL POSITIONING SYSTEM RECEIVER	4-M322.04-1
EO M322.05 – SET A MAP DATUM ON A GLOBAL POSITIONING SYSTEM RECEIVER	4-M322.05-1
EO M322.06 – IDENTIFY LOCATION USING A GLOBAL POSITIONING SYSTEM (GPS) RECEIVER	4-M322.06-1
EO C322.01 – PRACTICE NAVIGATION AS A MEMBER OF A SMALL GROUP	4-C322.01-1
EO C322.02 – IDENTIFY FACTORS THAT IMPACT NAVIGATION IN THE WINTER	4-C322.02-1
EO C322.03 – IDENTIFY THE PRINCIPLES OF MAP-MAKING	4-C322.03-1
EO C322.04 – DRAW A MAP OF AN AREA IN THE LOCAL TRAINING FACILITY	4-C322.04-1

TABLE OF CONTENTS (Cont)

	PAGE
SECTION 15	PO 323 – TREKKING
	4-323-1
SECTION 16	PO 324 – SURVIVE WHEN LOST
	4-324-1
	EO M324.01 – CONSTRUCT AN IMPROVISED SHELTER
	4-M324.01-1
	EO M324.02 – COLLECT DRINKING WATER
	4-M324.02-1
	EO M324.03 – LIGHT A FIRE WITHOUT MATCHES
	4-M324.03-1
	EO M324.04 – PREDICT WEATHER
	4-M324.04-1
	EO M324.05 – DETERMINE WHEN TO SELF-RESCUE
	4-M324.05-1
	EO C324.01 – IDENTIFY ANIMAL AND INSECT FOOD SOURCES
	4-C324.01-1
	EO C324.02 – CONSTRUCT SNARES
	4-C324.02-1
	EO C324.03 – CATCH A FISH
	4-C324.03-1
	EO C324.04 – COLLECT EDIBLE PLANTS
	4-C324.04-1
	EO C324.05 – PREPARE A MEAL FROM FIELD FOOD SOURCES
	4-C324.05-1
SECTION 17	PO 325 – IDENTIFY THE COMPETENCIES OF AN OUTDOOR LEADER
	4-325-1
	EO M325.01 – PARTICIPATE IN A DISCUSSION ON ARMY CADET EXPEDITION TRAINING
	4-M325.01-1
	EO M325.02 – LIST THE COMPETENCIES OF AN OUTDOOR LEADER (OL)
	4-M325.02-1
	EO M325.03 – DISCUSS SELF-AWARENESS AND PROFESSIONAL CONDUCT AS A COMPETENCY OF AN OUTDOOR LEADER (OL)
	4-M325.03-1
	EO C325.01 – COMMUNICATE DURING AN EXPEDITION
	4-C325.01-1
	EO C325.02 – PARTICIPATE IN A PRESENTATION ON THE DUKE OF EDINBURGH AWARD PROGRAM
	4-C325.02-1
SECTION 18	PO 326 – PERFORM EXPEDITION SKILLS
	4-326-1
	EO M326.01 – PREPARE FOR EXPEDITION TRAINING
	4-M326.01-1
	EO M326.02a – PADDLE A CANOE
	4-M326.02a-1
	EO M326.02b – RIDE A MOUNTAIN BIKE
	4-M326.02b-1
	EO M326.02c – HIKE ALONG A ROUTE
	4-M326.02c-1
	EO M326.03 – PRACTICE ENVIRONMENTAL STEWARDSHIP AS A TEAM LEADER
	4-M326.03-1
	EO M326.04 – NAVIGATE ALONG A ROUTE USING A MAP AND COMPASS
	4-M326.04-1
	EO M326.05 – USE EXPEDITION EQUIPMENT
	4-M326.05-1
	EO M326.06 – FOLLOW DAILY ROUTINE
	4-M326.06-1
	EO M326.07 – RECORD ENTRIES IN A JOURNAL
	4-M326.07-1
	Annex A – INSTRUCTIONAL METHODOLOGIES AND THEIR APPLICATIONS
	4A-1

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LIST OF FIGURES

FIGURE	TITLE	PAGE
3B5-1	Declination Diagram.....	3B5-4
3B5-2	Declination Diagram.....	3B5-5
3B5-3	Declination Diagram.....	3B5-6
3B5-4	Declination Diagram.....	3B5-7

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CHAPTER 1

GENERAL

AIM

1. The aim of Silver Star is to provide an Army Cadet with the theoretical knowledge and practical experience required to participate in corps activities and appointments as a team leader.

PROGRAM DESIGN

2. The Silver Star Program has been designed:
 - a. assuming that the majority of cadets undertaking Silver Star training are between 14 and 15 years of age;
 - b. assuming that the majority of cadets have successfully completed Red Star;
 - c. using age-appropriate learning strategies;
 - d. using 30 minutes as a standard period of instruction;
 - e. by providing a programming mix consisting of mandatory and complementary training;
 - f. to include training which is experiential and skill-based, with a lesser focus on theoretical knowledge; and
 - g. assuming that learning will take place through a combination of programmed periods of instruction, unstructured discussions, teachable moments, and coaching/mentoring opportunities.
3. Each Star Level is composed of performance objectives (POs) subdivided into enabling objectives (EOs).

PERFORMANCE OBJECTIVES

4. PO numbers are usually made up of three digits:
 - a. The first digit indicates the star level (eg, "X" represents Green Star to Gold Star, "1" represents Green Star, "2" represents Red Star, etc.).
 - b. The second and third digits indicate the topic area (eg, "00" represents Positive Social Relations for Youth, "01" represents Citizenship, "02" represents Community Service, etc.).
5. EO numbers are usually made up of six digits (eg, EO M103.01):
 - a. The first digit is either an "M", which indicates mandatory training, or a "C", which indicates complementary training.
 - b. The second, third and fourth digits indicate the PO as per para 4.
 - c. The fifth and sixth digits indicate the specific EO number (eg, EO M103.01 is the first mandatory EO in Green Star leadership).
 - d. Some EOs have a seventh digit, which indicates there is a selection of EOs to choose from (eg, EOs MX01.01A, MX01.01B, MX01.01C, etc. indicates corps can choose any one of these EOs to satisfy the requirements of mandatory Citizenship training).
6. Each PO has been developed to contribute directly to the program aim and participant outcomes detailed in CATO 11-03, *Cadet Program Mandate*. The following are summaries of the POs common to all elements of

the CP (allocated POs numbered X01 to X20) and the POs specific to Silver Star (allocated POs numbered 321 to 326):

- a. **Citizenship.** PO X01 – Participate in Citizenship Activities (Chapter 4, [Section 2](#)). The aim of this PO is to introduce cadets to various aspects of being a good Canadian citizen through a range of fun, interesting and challenging activities.
- b. **Community Service.** PO X02 – Perform Community Service (Chapter 4, [Section 3](#)). The aim of this PO is to encourage cadets to be active citizens through participation as a team leader in a local community service activity.
- c. **Leadership.** PO 303 – Act as a Team Leader (Chapter 4, [Section 4](#)). The aim of this PO is to provide cadets with knowledge and skills to practice team leadership during naturally occurring leadership opportunities.
- d. **Personal Fitness and Healthy Living.** PO X04 – Track Participation in Physical Activities (Chapter 4, [Section 5](#)). The aim of this PO is to encourage cadets to live a healthy, active lifestyle by meeting the *Canadian Physical Activity Guidelines* and *Canadian Sedentary Behaviour Guidelines* for youth.
- e. **Physical Activities.** PO X05 – Participate in Physical Activities (Chapter 4, [Section 6](#)). The aim of this PO is for cadets to have fun participating in physical activities.
- f. **Air Rifle Marksmanship.** PO 306 – Fire the Cadet Air Rifle During Recreational Marksmanship (Chapter 4, [Section 7](#)). The aim of this PO is to develop cadets' marksmanship abilities through participation in recreational marksmanship.
- g. **General Cadet Knowledge.** PO 307 – Serve in an Army Cadet Corps (Chapter 4, [Section 8](#)). The aim of this PO is to provide cadets with information on the opportunities inherent in the Army CP.
- h. **Drill.** PO 308 – Direct a Squad Prior to Parade (Chapter 4, [Section 9](#)). The aim of this PO is to provide cadets with the knowledge and skills to act as a team leader while preparing a squad for a parade.
- i. **Instructional Techniques.** PO 309 – Instruct a Lesson (Chapter 4, [Section 10](#)). The aim of this PO is to provide cadets with the knowledge and skills to instruct a 15-minute period of peer instruction.
- j. **Biathlon.** PO 311 – Participate in a Recreational Summer Biathlon Activity (Chapter 4, [Section 11](#)). The aim of this PO is to provide cadets with an opportunity to enhance individual marksmanship skills and personal fitness through participation in the sport of biathlon.
- k. **CAF Familiarization.** PO X20 – Participate in Canadian Armed Forces (CAF) Familiarization Activities (Chapter 4, [Section 12](#)). The aim of this PO is to stimulate the interest of cadets in the sea, land and air activities of the CAF.
- l. **Field Training.** PO 321 – Perform the Duties of a Team Leader on an Overnight Bivouac Field Training Exercise (Chapter 4, [Section 13](#)). The aim of this PO is to support PO 303 (Perform the Role of a Team Leader) by providing cadets with the knowledge and skills to act as a team leader during an overnight bivouac field training exercise.
- m. **Navigation.** PO 322 – Plot Location on a Topographical Map Using a Global Positioning System Receiver (Chapter 4, [Section 14](#)). The aim of this PO is to introduce cadets to using a GPS receiver to calculate a grid reference, and to plot that grid reference on a topographical map.
- n. **Wilderness Survival.** PO 324 – Survive When Lost (Chapter 4, [Section 16](#)). The aim of this PO is to provide cadets with the knowledge and skills to use a survival kit to survive in the wilderness when immediate rescue is not assured.

- o. **Outdoor Leadership.** PO 325 – Identify the Competencies of an Outdoor Leader (Chapter 4, [Section 17](#)). The aim of this PO is to provide cadets with foundation knowledge of the technical leadership competencies specific to outdoor leadership.
- p. **Expedition.** PO 326 – Perform Expedition Skills (Chapter 4, [Section 18](#)). The aim of this PO is to have cadets draw together material from the topic areas of Field Training, Navigation, and Trekking with dynamic transportation (two of: Class 3 trekking, canoeing or mountain biking) during a weekend expedition.

TRAINING PREREQUISITES

- 7. To participate in Silver Star, youths must be members of an Army Cadet Corps, as specified in A-CR-CCP-950/PT-001, *Queen's Regulations and Orders for the Canadian Cadet Organization*, Article 4.01.

USE OF THE QSP

- 8. This QSP shall be used as the primary authority governing the development, implementation, conduct and evaluation of the training and standards to qualify a cadet as Silver Star. This QSP shall also be used by the Directorate Cadets and Junior Canadian Rangers as the primary reference for validation of Silver Star qualification training.
- 9. Silver Star shall be conducted using this QSP as the training control document in conjunction with A-CR-CCP-703/PF-001, *Royal Canadian Army Cadets Silver Star Instructional Guides*.

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